

Professional Aftercare for your Oral Piercing

YOUR NEW PIERCING— By choosing *Elite Body Piercing*, you can be assured that your piercing has been performed appropriately, and that the very highest standards of technique and sterilization have been used. In order to ensure that your new piercing heals quickly and without complications, an appropriate aftercare regimen must be followed.

All of our suggestions are made based on our own experience and research, and also on that of other professionals in the piercing industry. Since you have already trusted us to perform your piercing, please follow through and trust in our judgment regarding care of your new adornment. What follows is a general outline of information regarding a new piercing. For more detailed information, don't hesitate to call us.

WHAT TO EXPECT: your piercing may be slightly swollen, bruised and tender for a few weeks. It may bleed slightly. It will typically have a slight discharge, whitish-yellowish, that can form into a crust on the jewelry. These "CRUSTIES" are the bodies' waste material generated from the healing process.

WHAT ABOUT INFECTION? Most piercing infections are a direct result of touching the piercing or jewelry with unwashed hands, contact with other people's bodily fluids during the healing period, also contact with hair, cosmetic products, dirty clothing or dirty bedding.

SIGNS OF INFECTIONS Although these signs may indicate other problems, common signs of an infection are; severe redness, swelling or hardness around the piercing, pain, particularly throbbing pain, warm to the touch, thick discharge: yellow or green in color (not to be mistaken with the normal whitish-yellowish discharge).

WHAT IF I SUSPECT AN INFECTION?: Do not remove the jewelry!!! Doing so can create an even larger problem by trapping it inside the piercing, and closing off access to infected areas. A visit to your piercer may shed light on your situation; however, the only people that can diagnose or treat infections are physicians. An infection in a piercing can lead to more serious complications if left untreated.

WHAT ELSE HELPS?: Leaving your piercing alone (meaning touch only when cleaning). Eating healthy and nutritious is crucial. Do not use products with high alcohol content such as Listerine or scope etc.....

WHAT TO USE FOR LIP, LABRET AND MONROE PIERCING: We suggest the use of a mild, liquid anti-bacterial/anti-fungal or antimicrobial soap such as SATIN which can only be purchased at Elite.. Other acceptable products include liquid, anti-bacterial SOFTSOAP and liquid, antibacterial ALMY.

CLEANING FOR LIP, LABRET AND MONROE PIERCING: this is to be performed 1 to 2 times a day. The best place to do this is in the shower. Be sure it is the last thing you do in the shower. Lather the liquid soap completely in your hands. Rub the soap onto the piercing working the soap all around the area. Slowly move the jewelry back and forth 3 to 4 times, wait about 30 seconds. Let the warm water run on the piercing while you move the jewelry back and forth 4 to 5 times to rinse. When you dry off use some cotton swabs or gauze for the around the piercing.

NORMAL RINSING: for smokers we suggest using tech2000 which can only be purchased at *Elite*. After each smoke you will rinse with a capful for no less than 30 seconds.

For non smokers tech2000 will also work for you. You need to also buy Biotene or Rembrant .Rinse no more than 5 times a day, that's morning, afternoon and before bed, and after if you have eaten.

SEA SALT RINSE: Sea salt can normally be purchased at *Elite* or at *Wal-Mart*, this can be found in the spice isle at *Wal-Mart*. Remember (SEA SALT) do not substitute for table salt. Mix 1/8 of a teaspoon with 8oz of warm water in a clean cup. Now rinse for 30 seconds each time until all 8 ounces have been used. Do this at least twice a day.

BRUSHING: be sure to brush around the piercing and the jewelry, be very gentle. Don't forget to check your balls.

SPECIAL CONSIDERATIONS: your tongue will begin to swell within the first 12 hours. You can get a slushy or let ice melt in your mouth, do this as needed. No wet kissing or body fluids! Eat softer foods and avoid spicy foods. Try to not smoke, at least cut back for the first few weeks. You may develop a white ring around the piercing during the healing period this is normal. Failure to shorten the jewelry length may increase any risks of dental damage that may be involved in oral piercings. These risks may include, but are not limited to: chipped or broken teeth, gum tissue loss or damage and excessive scar tissue to the site of the piercing. You may change it after a few weeks. We will change it for \$10.00 this includes the jewelry.

PLEASE KEEP THIS FORM SO YOU CAN REFER BACK TO IT IF YOU NEED HELP OR CALL US AT
(843)448-2424. WE ARE NORMALLY OPEN 7 DAYS. VISIT US @ elitebodypiercing.com

HEALING TIMES MAY VARY _____

YOUR PIERCER _____